

Medical Benefits

At a Glance



You may not have all these benefits. Your benefits are determined by your collective bargaining agreement and your enrollment choices. If you have questions about your coverage or your specific benefits, contact your health fund at 844-427-8501.

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	Silver Plan				
WHAT'S COVERED (effective 1/1/2023)	WHAT YOU PAY – Coalition/PPO Provider or Any Provider Outside of Anchorage*	WHAT YOU PAY – Non-PPO (Non-Coalition) in Anchorage*			
Office Visits					
Preventive Care	No charge	No charge			
Primary Care Provider (includes all care received during visit)	30% coinsurance after deductible	30% coinsurance after deductible			
Teladoc (telehealth)	No charge	Not covered			
Specialist (all care received during visit)	30% coinsurance after deductible	30% coinsurance after deductible			
Mental Health/Substance Abuse	30% coinsurance after deductible	30% coinsurance after deductible			
Chiropractic Services (1 visit per day)	30% coinsurance after deductible	30% coinsurance after deductible			
Diabetes Education	No charge	No charge			
Emergency, Urgent Care, and Inpatient Serv	rices				
Urgent Care Center	30% coinsurance after deductible	30% coinsurance after deductible			
ER for Emergency (waived if admitted)	\$100 copay + 30% coinsurance after deductible	\$100 copay + 30% coinsurance after deductible			
ER for Routine Care	\$100 copay + 30% coinsurance after deductible	\$100 copay + 30% coinsurance after deductible			
Ground Ambulance (100 days per confinement)	30% coinsurance after deductible	30% coinsurance after deductible			
Inpatient Hospitalization (copay is waived after 4 or more stays/person/calendar year)	\$350 copay + 30% coinsurance after deductible	\$350 copay + 40% coinsurance after deductible			
Skilled Nursing Facility (Up to 100 days per confinement)	No charge	No charge			
Outpatient Services					
Outpatient Surgery	30% coinsurance after deductible	Ambulatory Surgery Center: 30% coinsurance after deductible Outpatient Hospital: 40% coinsurance after deductible			
Physical and Occupational Therapy	30% coinsurance after deductible	30% coinsurance after deductible			
Speech Therapy	30% coinsurance after deductible	30% coinsurance after deductible			
Infusion Medication and Chemotherapy	30% coinsurance after deductible	30% coinsurance after deductible			
Kidney Dialysis	30% coinsurance after deductible	30% coinsurance after deductible			
Radiation Therapy	30% coinsurance after deductible	30% coinsurance after deductible			

^{*}Services received from a Non-PPO provider will be covered up to the Usual & Customary Charge (UCC). Any amounts above the UCC will not be covered and you may receive a balance bill from the provider. The Allowed amount for service at a Non-PPO facility in Anchorage will be the rate of the PPO Provider.

Medical (continued)	Silver Plan		
WHAT'S COVERED	WHAT YOU PAY – Coalition/PPO Provider or Any Provider Outside of Anchorage* WHAT YOU PAY – Non-PPO (Non-Coalition) in Anchorage		
Lab and Imaging Services			
Laboratory Services and Radiology	30% coinsurance after deductible	Non-hospital - 30% coinsurance after deductible Hospital - 40% coinsurance after deductible	
Diagnostic Imaging (CT, MRI, PET)	30% coinsurance after deductible		
Other Care and Expenses			
Home Health Care Visit (100 visits per calendar year)	No charge	No charge	
Hospice Care (must be terminally ill with a life expectancy of 12 months or less)	30% coinsurance after deductible	30% coinsurance after deductible	
Podiatric Orthotics	Not covered	Not covered	
Durable Medical Equipment	30% coinsurance after deductible	30% coinsurance after deductible	
Prescription Drug			
Generic	40% coinsurance (\$5 minimum at retail; \$10 minimum at mail)		
Brand Drugs	40% coinsurance (\$5 minimum at retail; \$10 minimum at mail)		at mail)
Diabetes Oral Medications, Insulin and Supplies	\$5 copay retail / \$10 copay mail		
Specialty Drugs	40% coinsurance (\$5 minimum at retail; \$10 minimum at mail)		
Other			
Medical Deductible	\$500 individual/\$1,000 family for Coalition/PPO Prov Any Provider Outside of Anchorage,		ider or
Medical Deductible	\$1,000 individual/\$2,000 family for Non-PPO (Non-Coalition) in the Municipality of Anchorage		
Coalition/PPO Provider or Any Provider Outside of Anchorage Out-of-Pocket Spending Limit Once your cost sharing for network covered expenses reaches these limits, the Plan pays 100% for most of your covered network expenses for the rest of the year (see your SPD for expenses that don't count).		Medical	\$3,500 individual \$7,000 family
Non-PPO (Non-Coalition) in the Municipality of Anchorage Out-of-Pocket Spending Limit		Medical	\$10,000 individual \$20,000 family
Prescription Drug Out-of-Pocket Spending Limit			\$2,350 individual \$4,700 family

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844-427-8501 www.alaskaplan.org

This document is an easy-to-read summary and does not include all benefits. If you want more details about your benefits or want to find out which treatments/services require prior authorization, please refer to your Summary Plan Description (SPD) or call UNITE HERE HEALTH.



Non-Medical Benefits





Dental, Life and AD&D, and Vision

Dental – Employee Only			
Effective January 1, 2023			
Maximum Benefit Per Person Calendar year	Plan pays up to \$2,000		
Preventive and Diagnostic Services	Plan pays 100% of Usual and Customary Charge		
Coinsurance	50%*		
Calendar Year Deductible	\$0		

Life and AD&D - Employee Only		
EMPLOYEE	WHAT THE PLAN PAYS	
Life Insurance		
Accidental Death & Dismemberment Insurance	\$20,000	

Vision VSP - Employee Only			
Effective January 1, 2023 (services covered once every calendar year)	WHAT YOU PAY		
	VSP Network	Non - Network	
Vision Exam	\$0 copay	\$0 copay; up to \$45	
Prescription Glasses	\$25 copay	\$25 copay	
Frames	\$175 frame allowance	Up to \$70	
Lenses	\$0 copay (Included in Prescription Glasses: single vision, lined bifocal, and lined trifocal lenses)	Up to \$30 for single vision lenses Up to \$50 for lined bifocal lenses Up to \$65 for trifocal lenses Up to \$50 for progressive lenses	
Lens Enhancements	\$0 copay Standard progressive lenses and scratch resistant coating covered in full. Average savings of 30% on other lens enhancements.	Not covered	
Elective Contact Lenses (instead of glasses)	\$25 copay; up to \$175 allowance Contact lens fitting and exam: 15% (up to \$50 max copay) \$25 copay; up to \$120		
Medically Necessary Contact Lenses	\$0 copay \$0 copay; up to \$120		
Retinal Screening	Up to \$39 copay At a VSP Premier Provider and Visionworks locations	Not covered	

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Prior authorization rules

For Prior Authorization, please have your provider call Aetna. Your Aetna providers may submit most prior authorization requests electronically to Aetna through the secure website or using your Electronic Medical Record (EMR) system portal.

Call UNITE HERE HEALTH at 844-427-8501 to verify benefits and eligibility.

The following are the services that will require prior authorization. The prior authorization list may change from time to time. Contact member services at **844-427-8501** for the most up-to-date information.

Prior Authorization List - Subject to Change		
Inpatient admissions (except hospice)	Osseointegrated implant	
Ambulance by plane	Osteochondral allograft/knee	
Autologous chondrocyte implantation	Proton beam radiotherapy	
Chiari malformation decompression surgery	Reconstructive or other procedures that maybe considered cosmetic	
Coverage at an in-network benefit level for out-of-network provider/facility (excludes emergent services)	Shoulder Arthroplasty including revision procedures	
Dialysis	Spinal procedures	
Dorsal column (lumbar) neurostimulators; trial or implantation	Uvulopalatopharyngoplasty, including laser-assisted procedures	
Endoscopic nasal balloon dilation procedures	Ventricular assist devices	
Functional endoscopic sinus surgery (FESS)	Whole exome sequencing	
Gender reassignment surgery	Applied behavioral analysis (ABA)	
Hip surgery to repair impingement syndrome	Inpatient admissions	
Hyperbaric oxygen therapy	Partial hospitalization programs (PHPs)	
Lower limb prosthetics, such as microprocessor-controlled lower limb prosthetics	Residential treatment center (RTC) admissions	
Non-participating freestanding ambulatory surgical facility services, when referred by a participating provider	Transcranial magnetic stimulation (TMS)	
Orthognathic surgery procedures, bone grafts, osteotomies and surgical management of the temporomandibular joint	Cochlear device and/or implantation	
Drugs and medical injectables (medications administered by or supervised by a provider) paid by the medical plan	Infertility services and pre-implantation genetic testing	
Electric or motorized wheelchairs and scooters	Dental implants	
Private duty nursing		
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This table is only a general guideline to UHH Plans prior authorization requirements.

This list may be updated from time to time. It is the provider's responsibility to check for updates. If the procedure billed is not the procedure approved, there may be no payment and the patient is not liable. The presence or absence of a procedure code and/or service on this list does not determine benefits or coverage for your patient. Verification of benefits and eligibility should be obtained by calling **UNITE HERE HEALTH** at **844-427-8501**.