

 The Summary of Benefits and Coverage (SBC) document will help you choose a health [plan](#). The SBC shows you how you and the [plan](#) would share the cost for covered health care services. NOTE: Information about the cost of this [plan](#) (called the [premium](#)) will be provided separately. This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, go to www.alaskaplan.org or call 844-427-8501. For general definitions of common terms, such as [allowed amount](#), [balance billing](#), [coinsurance](#), [copayment](#), [deductible](#), [provider](#), or other underlined terms see the Glossary. You can view the Glossary at <https://www.healthcare.gov/sbc-glossary> or call 844-427-8501 to request a copy.

Important Questions	Answers	Why This Matters:
What is the overall deductible ?	Coalition/PPO Provider or Any Provider Outside of Anchorage : \$250 person / \$500 family; Non-PPO (Non-Coalition) in Anchorage : \$500 person / \$1,000 family	Generally, you must pay all of the costs from providers up to the deductible amount before this plan begins to pay. If you have other family members on the plan , each family member must meet their own individual deductible until the total amount of deductible expenses paid by all family members meets the overall family deductible .
Are there services covered before you meet your deductible ?	Yes. Preventive care , routine physicals, preadmission tests, 2nd surgical opinion, home health care, and confinement in a skilled nursing facility are covered before you meet your deductible .	This plan covers some items and services even if you haven't yet met the deductible amount. But a copayment or coinsurance may apply. For example, this plan covers certain preventive services without cost-sharing and before you meet your deductible . See a list of covered preventive services at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet deductibles for specific services.
What is the out-of-pocket limit for this plan ?	Medical: For Coalition/PPO Provider or Any Provider Outside of Anchorage : \$3,000 person / \$6,000 family; Non-PPO (Non-Coalition) in Anchorage : \$8,750 person / \$16,500 family. Prescription Drugs : \$2,350 person / \$4,700 family.	The out-of-pocket limit is the most you could pay in a year for covered services. If you have other family members in this plan , they have to meet their own out-of-pocket limits until the overall family out-of-pocket limit has been met.
What is not included in the out-of-pocket limit?	Premiums , balance-billing charges, penalties, Non-PPO copays and health care this plan doesn't cover.	Even though you pay these expenses, they don't count toward the out-of-pocket limit .
Will you pay less if you use a network provider ?	Yes. See www.aetna.com or call 1-844-427-8501 for a list of PPO providers .	This plan uses a PPO provider network . You will pay less if you use a provider in the plan's network . You will pay the most if you use a Non-PPO provider , and you might receive a bill from a provider for the difference between the provider's charge and what your plan pays (balance billing). Be aware, your PPO provider might use a Non-PPO provider for some services (such as lab work). Check with your provider before you get services.
Do you need a referral to see a specialist ?	No.	You can see the specialist you choose without a referral.



All [copayment](#) and [coinsurance](#) costs shown in this chart are after your [deductible](#) has been met, if a [deductible](#) applies.

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	
If you visit a health care provider's office or clinic	Primary care visit to treat an injury or illness	20% coinsurance	20% coinsurance	\$20 copay for Wellness and Minor Care Program visits. \$0 copay at the Coalition Health Center. Massage therapy is not covered.
	Specialist visit	20% coinsurance	20% coinsurance	
	Preventive care/screening/immunization	No charge; deductible does not apply	No charge; deductible does not apply	Preventive care based on government guidelines. You may have to pay for services that aren't preventive . Ask your provider if the services you need are preventive . Then check what your plan will pay for.
If you have a test	Diagnostic test (x-ray, blood work)	20% coinsurance	Non-hospital 20% coinsurance ; Hospital Outpatient 30% coinsurance for Non-PPO facility in the Municipality of Anchorage	The allowed amount for services at a Non-PPO facility in Anchorage will be the rate of the PPO Provider Hospital.
	Imaging (CT/PET scans, MRIs)			
If you need drugs to treat your illness or condition More information about prescription drug coverage is available at www.caremark.com	Generic drugs (Tier 1)	Retail: 30% coinsurance with \$5 minimum. Mail order: 30% coinsurance with \$10 minimum.	Retail: 30% coinsurance with \$5 minimum. Mail order: 30% coinsurance with \$10 minimum.	Covers up to a 30-day supply (retail prescription); 31-90 day supply (mail order prescription). Brand drugs when a generic is available the plan pays 60% of the cost of the generic equivalent; you pay full cost of the difference between brand and generic. Compound medications in excess of \$500 require preauthorization . Specialty drugs are limited to one fill (30-day supply) per month and require preauthorization .
	Brand drugs (Tier 2)			
	Specialty drugs (Tier 3)	Deductible does not apply.	Deductible does not apply.	
	Diabetic oral medications, Insulin and supplies	Retail: \$5 copay Mail order: \$10 copay	Retail: \$5 copay Mail order: \$10 copay	
If you have outpatient surgery	Facility fee (e.g., ambulatory surgery center)	20% coinsurance	Ambulatory surgery center: 20% coinsurance Outpatient Hospital: 30% coinsurance for Non-PPO facility in the Municipality of Anchorage.	Preauthorization may be required. Outpatient Hospital: The allowed amount for services at a Non-PPO facility in Anchorage will be the rate of the PPO Provider Hospital.
	Physician/surgeon fees	20% coinsurance	20% coinsurance	None

[* For more information about limitations and exceptions, see the plan or policy document at www.alaskaplan.org]

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	
If you need immediate medical attention	Emergency room care	\$100 copay plus 20% coinsurance	\$100 copay plus 20% coinsurance	\$100 copay waived if admitted.
	Emergency medical transportation	20% coinsurance	20% coinsurance	Covered only to the nearest hospital equipped to treat your condition.
	Urgent care	20% coinsurance	20% coinsurance	None
If you have a hospital stay	Facility fee (e.g., hospital room)	\$350 copay plus 20% coinsurance	\$350 copay plus 20% coinsurance / 30% coinsurance for Non-PPO facility in the Municipality of Anchorage.	Preauthorization is required. The allowed amount for services at a Non-PPO facility in Anchorage will be the rate of the PPO Provider Hospital. Copay is waived after 4 or more stays/ person/ calendar year.
	Physician/surgeon fees	20% coinsurance	20% coinsurance	None
If you need mental health, behavioral health, or substance abuse services	Outpatient services	20% coinsurance	20% coinsurance	Preauthorization may be required.
	Inpatient services	\$350 copay plus 20% coinsurance	\$350 copay plus 20% coinsurance	Preauthorization is required.
If you are pregnant	Office visits	20% coinsurance	20% coinsurance	Cost sharing does not apply to certain preventive services . Depending on the type of services, coinsurance or copay may apply.
	Childbirth/delivery professional services			No coverage provided for pregnancy of a dependent child other than preventive care . Inpatient benefits may be denied if the prior authorization program is not followed. Cost sharing does not apply to certain preventive services . Depending on the type of services, a copayment or coinsurance may apply.
	Childbirth/delivery facility services	\$350 copay plus 20% coinsurance	\$350 copay plus 20% coinsurance / 30% coinsurance for Non-PPO facility in the Municipality of Anchorage.	Maternity care may include tests and services described elsewhere in the SBC (i.e. ultrasound). The allowed amount for services at a Non-PPO facility in Anchorage will be the rate of the PPO Provider Hospital.

[* For more information about limitations and exceptions, see the plan or policy document at www.alaskaplan.org]

Common Medical Event	Services You May Need	What You Will Pay		Limitations, Exceptions, & Other Important Information
		PPO Provider (You will pay the least)	Non-PPO Provider (You will pay the most)	
If you need help recovering or have other special health needs	Home health care	No charge; deductible does not apply	No charge; deductible does not apply.	Limited to up to 100 visits per calendar year.
	Rehabilitation services	20% coinsurance	20% coinsurance	Allowed amount for services at a Non-PPO facility in Anchorage will be the rate of the PPO Provider .
	Habilitation services	\$10 copay / day	\$10 copay / day	Limited to 30 hour/ week maximum benefit. Preauthorization may be required.
	Skilled nursing care	No charge; deductible does not apply	No charge; deductible does not apply.	Limited to up to 100 days per period of confinement. Preauthorization may be required.
	Durable medical equipment	20% coinsurance	20% coinsurance	None
	Hospice services	20% coinsurance	20% coinsurance	Must be terminally ill with life expectancy of 12 months or less.
If your child needs dental or eye care	Children's eye exam	Not covered	Not covered	None
	Children's glasses	Not covered	Not covered	None
	Children's dental check-up	Not covered	Not covered	None

[* For more information about limitations and exceptions, see the plan or policy document at www.alaskaplan.org]

Excluded Services & Other Covered Services:

Services Your [Plan](#) Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other [excluded services](#).)

- Acupuncture (except when used as an anesthetic agent for covered surgery)
- Cosmetic Surgery (unless performed for correction of functional disorders or as a result of an accidental injury)
- Private-duty nursing
- Massage therapy
- Infertility treatment
- Long-term care
- Pregnancy for a dependent child or child of a dependent child.
- Weight loss programs
- Routine eye care (Employee Only) (may be provided separately)
- Dental care (Employee Only) (may be provided separately)
- Dental care (Child)

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your [plan](#) document.)

- Chiropractic Care (limited to 1 visit/day)
- Hearing Aids (\$3,000 limit / every 3 calendar years)
- Non-emergency care when traveling outside the U.S. which is medically necessary and standard of care in the U.S.
- Routine foot care
- Surgery to treat morbid obesity

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: U.S Department of Labor, Employee Benefits Security Administration at 1-866-444-3372 or www.dol.gov/ebsa/healthreform and Department of Health and Human Services, Center for Consumer Information and Insurance Oversight, at 1-877-267-2323 x61565 or www.cciio.cms.gov. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance [Marketplace](#). For more information about the [Marketplace](#), visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your [plan](#) for a denial of a [claim](#). This complaint is called a [grievance](#) or [appeal](#). For more information about your rights, look at the explanation of benefits you will receive for that medical [claim](#). Your [plan](#) documents also provide complete information to submit a [claim](#), [appeal](#), or a [grievance](#) for any reason to your [plan](#). For more information about your rights, this notice, or assistance, contact: U.S Department of Labor, Employee Benefits Security Administration at 1-866-444-3372 or www.dol.gov/ebsa/healthreform. You may also contact the Trust Administration Office at 1-800-331-6158.

Does this plan provide Minimum Essential Coverage? **Yes**

[Minimum Essential Coverage](#) generally includes [plans](#), [health insurance](#) available through the [Marketplace](#) or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of [Minimum Value Standards](#), you may not be eligible for the [premium tax credit](#).

Does this plan meet the Minimum Value Standards? **Yes**

If your [plan](#) doesn't meet the [Minimum Value Standards](#), you may be eligible for a [premium tax credit](#) to help you pay for a [plan](#) through the [Marketplace](#).

Language Access Services:

Spanish (Español): Para obtener asistencia en Español, llame al 1-800-331-6158.

Tagalog (Tagalog): Kung kailangan ninyo ang tulong sa Tagalog tumawag sa 1-800-331-6158.

Chinese (中文): 如果需要中文的帮助, 请拨打这个号码 1-800-331-6158.

Navajo (Dine): Dinek'ehgo shika at'ohwol ninisingo, kwijigo holne' 1-800-331-6158.

[To see examples of how this plan might cover costs for a sample medical situation, see the next section.](#)

PRA Disclosure Statement: According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-1146. The time required to complete this information collection is estimated to average 0.08 hours per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate(s) or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Mail Stop C4-26-05, Baltimore, Maryland 21244-1850.

About these Coverage Examples:



This is not a cost estimator. Treatments shown are just examples of how this [plan](#) might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your providers charge, and many other factors. Focus on the [cost sharing](#) amounts ([deductibles](#), [copayments](#) and [coinsurance](#)) and excluded services under the [plan](#). Use this information to compare the portion of costs you might pay under different health [plans](#). Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby (9 months of in-network pre-natal care and a hospital delivery)

- The [plan's](#) overall [deductible](#) \$250
- [Specialist coinsurance](#) 20%
- Hospital (facility) [copay](#) and [coinsurance](#) \$350 copay + 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Specialist](#) office visits (prenatal care)
 Childbirth/Delivery Professional Services
 Childbirth/Delivery Facility Services
[Diagnostic tests](#) (ultrasounds and blood work)
[Specialist](#) visit (anesthesia)

Total Example Cost	\$12,700
---------------------------	-----------------

In this example, Peg would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$400
Coinsurance	\$2,400
What isn't covered	
Limits or exclusions	\$60
The total Peg would pay is	\$3,110

Managing Joe's type 2 Diabetes (a year of routine in-network care of a well-controlled condition)

- The [plan's](#) overall [deductible](#) \$250
- [Specialist coinsurance](#) 20%
- Hospital (facility) [copay](#) and [coinsurance](#) \$350 copay + 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Primary care physician](#) office visits (including disease education)
[Diagnostic tests](#) (blood work)
[Prescription drugs](#)
[Durable medical equipment](#) (glucose meter)

Total Example Cost	\$5,600
---------------------------	----------------

In this example, Joe would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$200
Coinsurance	\$200
What isn't covered	
Limits or exclusions	\$20
The total Joe would pay is	\$670

Mia's Simple Fracture (in-network emergency room visit and follow up care)

- The [plan's](#) overall [deductible](#) \$250
- [Specialist coinsurance](#) 20%
- Hospital (facility) [copay](#) and [coinsurance](#) \$350 copay + 20%
- Other [coinsurance](#) 20%

This EXAMPLE event includes services like:

[Emergency room care](#) (including medical supplies)
[Diagnostic test](#) (x-ray)
[Durable medical equipment](#) (crutches)
[Rehabilitation services](#) (physical therapy)

Total Example Cost	\$2,800
---------------------------	----------------

In this example, Mia would pay:

Cost Sharing	
Deductibles	\$250
Copayments	\$100
Coinsurance	\$500
What isn't covered	
Limits or exclusions	\$0
The total Mia would pay is	\$850